

Active Playtimes

At Acorns we participate in Active Playtimes. There are 9 different areas available with a different activity in each area. The pupils choose which area they would like to play in each half term and then staff support them to participate in the activity. This allows children to receive lots of proprioceptive input during playtimes so that they are ready to learn in the afternoon. The different areas that we have on offer at the moment are:

- Trampoline Area – the children can access the outdoor trampolines, swing, roundabout and seesaw
- Willow Garden – the children can access the outdoor swing, bubbles, stomp rockets, musical instruments, books, ribbons
- Woodlands Area – the children can access Woodlands' class outdoor area
- Sports – the children are supported to learn different sports skills, for example hockey or basketball. The children then have the opportunity to choose a game to play for example, tag rugby, parachute songs, circle games
- Scooters – the children have access to the scooters
- Bikes/Go-Karts – the children have access to the bikes, trikes and go karts
- Trim trail – the children can access the trim trail equipment and take part in challenge activities finding beanbags on the different equipment
- Parachute – the children are supported to take it in turns to choose different songs to sing with the parachute
- Let's Get Moving – the children can access lots of different equipment to encourage them to move, for example the sky jumper, balance beams, balance boards, scooter boards, stepping stones, slide