



## Mission Statement

We would like all Young Carers in Lancashire to have the freedom to make informed choices about their lives and the level of care that they give.

Our Vision is for all Young Carers to receive appropriate information and support to enable them to feel valued and confident in their caring situation and to develop their own potential.

Our aim is to support, empower and equip Young Carers by ensuring they are recognised as a carer, supported to have a life outside caring, improve mental health and wellbeing and ensure children are protected from harmful caring roles and are thriving.

## Contact details

If you wish to contact us for further information or advice, please contact us on:

Barnardo's  
Young Carers Service  
1 Dorothy Avenue  
Leyland  
Lancashire  
PR25 2YA

Tel: 01772 641002  
Email:  
lancashireyoungcarers@  
barnardos.org.uk

Believe in  
children  
Barnardo's



[www.barnardos.org.uk](http://www.barnardos.org.uk)

Head Office, anners Lane,  
Barkingside, Ilford,  
Essex IG6 1QG  
Tel: 020 8550 8822  
Fax: 020 8550 8822  
Barnardo's Registered Charity  
Nos. 216250 and SC037605

Lancashire  
Young Carers  
Service

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## For Young People

If you are:

- under 18 years of age
  - significantly affected by caring for someone with a physical disability, mental health problem and/or drug and alcohol problem.
- then the Barnardo's Team can help you.

### What we do

Meet you where and when you want to on a voluntary basis, introduce you to other Young Carers and provide groups and activities enabling you to have a break away from your caring responsibilities,

### How we do it

You will have your own worker who will meet you on a one to one or group basis, support you and give you information on other services in your area.

Or just be there to listen, build trust and share worries.

We are a friendly and confidential service.



## What we do



### For Agencies and Professionals

We welcome referrals from ALL agencies. Referral forms can be obtained via email, post, fax or by contacting a member of our team, Please see reverse of leaflet for details.

We will identify and deliver bespoke programmes of evidence-based support dependant on the Young Person's individual needs; such as one to one sessions, group work, activities and offer respite opportunities.

We pro-actively promote and support access to services and equip young people with the skills to make informed decisions.