

Service Information Leaflet

Lancashire Young Carers Service

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What we do

We support Young Carers under the age of 18 who provide regular and ongoing care and emotional support to a family member who is physically or mentally ill, disabled or misuses substances and that they are significantly affected by their caring role. *The term "care and support" does not apply to the everyday and occasional help around the home that may often be expected of or given by children in families and is part of community and family cohesion.*

Our Young Carers have a named worker who is there to support them and provide information and advice. We offer one to one work; being sensitive, listening, caring, respecting them and offering support around their caring role; we support them to visit services; support them to take control of their decisions and meet them where they feel comfortable to talk.

What we Hope to Achieve

We are committed to working with all Young Carers across Lancashire. Our aim is to assess, support, empower and equip young carers by ensuring they are recognised as a carer, supported to have a life outside caring, improve mental health and wellbeing and reduce the impact of their caring role.

Referrals

We accept referrals from all organisations, services, schools, training providers, health, social care, police etc and also self or family referrals. Referral Forms can be obtained by contacting us on the number above to receive a paper document or via email.

Assessment

Every Young Carer has a right to an assessment, which takes into account the level of caring role and the impact this has on their daily life. The assessment will enable the young carer to identify any areas of need and support

As we assess our Young Carers they will be tiered:

Level 1 for high level of need, **Level 2** for medium level of need and **Level 3** for low level of need.

Support

Once assessed the support plan will be developed with the young carer and their family and will outline what is needed to support the whole family and reduce the impact of caring on the young carer, this can be one to one support, group work, referrals to other services required, signposting to other services, advocacy and support at meetings.