Helpful websites for Parents and Carers

- **Advice for parents about talking to your child about creating, sending or receiving explicit images:**
  http://www.nspcc.org.uk/help-and-advice/for-parents/talking-about-sex/sexting/sexting_wda96795.html

- **An e-learning tool for parents and carers:**
  https://keepthemsafe.safeguardingchildrenea.co.uk/

- **Support for parents and carers**
  http://www.paceuk.info/

- **Guidance on how to approach discussions with children about commercial content online:**
  http://www.mediasmart.org.uk/parents/digital_pack

- **Back to school basics for digital families:**
  http://www.slideshare.net/uKnowKids/back-to-schoolbasicsfordigitalfamilies-slideshare

- **Facebook privacy settings:**
  http://internet-safety.yoursphere.com/2013/01/facebooks-new-privacy-settings/

- **Top tips for iPhone, Blackberry, Nintendo, Playstation, Xbox, iPad and iPod touch:**
  http://www.kidsmart.org.uk/parents/parental-controls.aspx

- **Child Exploitation Online Protection (CEOP) Centre website for parents and carers:**
  https://www.thinkuknow.co.uk/parents/

- **Information for keeping your child safe online:**
  http://www.childnet.com/parents-and-carers

- **ParentZone is a leading provider of information, training and support designed to make the internet work for families, with special emphasis on involving parents and carers:**
  http://www.theparentzone.co.uk/