

# Acorns 'Readiness To Learn' Programme

## **What do we mean by "Readiness to Learn"?**

When we talk about being 'ready to learn' we are referring to our ability to receive and process sensory information.

Many of our pupils experience difficulties with sensory processing, which can directly impact on their experiences, progress, learning and behaviour.

When we are dysregulated we are not able to function to the best of our ability. Being dysregulated can be displayed in a variety of ways and is unique to each individual – depending on their sensory processing needs.

In order for our pupils to achieve success we want to help them to be "Ready to learn".

Here at Acorns we understand how important this element of the curriculum is for so many of our pupils.

Since introducing our "Readiness to Learn" Programme we have seen a huge impact on pupil behaviour in the classroom and beyond.

## **What do we offer pupils here at Acorns to support them to become "Ready to Learn"?**

We offer a tiered approach to sensory regulation identified by need.

We have a universal offer which all children can access, we then have intensive offer for identified pupils, these children will follow a sensory diet as part of their sensory regulation. The final tier is for when specialist support is required – when children are referred by class teachers as needing additional input from specialists.

Our intent is to work towards providing the correct sensory input, based on our knowledge of each individual child needs.

We aim to be pro active and not reactive to the children and their individual needs.

We recognise that all children behave and develop differently and have varying sensory needs. We want to provide all our pupils with the right tools, input and experiences to enable them to be at their most receptive to the learning opportunities provided here at Acorns.

These are the stepping stones to success!

## Examples of Sensory Regulation at Acorns

- Sensory circuits
- Use of trampoline Area
- Bikes
- Swings
- Regulation walks
- Movement breaks
- Use of Trim Trail
- Oral Motor Activities
- Sensory Integration – Let’s Listen & Move
- Massage – deep pressure
- Tac Pac – Tactile (Pressure & Touch)
- Swimming
- Clip & Climb Sessions
- Heavy Work Activities/Drop in Sessions
- Use of sensory equipment in the classroom – zuma chairs, climbing/obstacles, therapy balls, chair bands, chew buddies, weighted blankets, areas for retreat, fidget toys, sensory snack boxes etc
- Flip Out Weekly Sessions (Trampoline Park)