

# Acorns PE Curriculum

## Myself & My Active Body

### PE – Sensory – Pre Formal Knowledge & Skills

Pre Formal	MATP	MOVE
<p>Early awareness/engagement -</p> <p><i>I can tolerate changes in position</i> <i>I can tolerate being out of my equipment on cushions/blankets</i> <i>I can show an awareness in change of room</i> <i>I can show an awareness in change of music/lighting</i> <i>I can respond to music</i> <i>I can respond to touch</i> <i>I can anticipate familiar routine/activity</i> <i>I can move parts of body randomly</i> <i>I can move parts of body showing increasing control</i> <i>I can copy or imitate movements</i> <i>I can attend to objects/stimuli – reaching out</i> <i>I can attend to objects/stimuli touching</i> <i>I can grasp and hold objects</i> <i>I can grasp and hold objects for extended periods</i></p>	<ol style="list-style-type: none"> <li>1. Mobility</li> <li>2. Dexterity</li> <li>3. Striking</li> <li>4. Kicking</li> </ol> <p>There are 3 levels of assistance –</p> <p><b>Full Assistance or Level 1</b> – the pupil is given full support for the full movement</p> <p><b>Partial Assistance or level 2</b> – The athlete is given a level of supported differentiae to their need, i.e. to start the movement or to complete the movement. The level of assistance can be physical, visual or verbal.</p> <p><b>Independently or Level 3:</b> The athlete completes the movement with no assistance.</p>	<p>Children will be identified throughout school for MOVE. Move lead to complete MOVE profiles</p> <p>These will be followed in class and assessment completed on EFL to track progress.</p> <p>MOVE fortnightly clinics to be held in the hall for identified pupils</p>
<b>Other Physical Activities</b>		
Vestibular	Massage	Body Awareness
WC dance	Use of the WC Bike	Individual Physio Targets
TAC PAC	Contact Dance	Splash Sessions